



........

Your Smile Specialist

Ally "I am over the moon with my result from having my braces on. I opted to have the clear braces on which were just amazing, you would never even notice them! At the beginning of my treatment I had a very obvious overlap of my two front teeth and I was very aware of it. I found the team at Newpark Clinic really helpful and they guided me through the whole process.

I would highly recommend them to anyone! "



Which is best for you?

If you are considering braces or Invisalign to improve your smile, ask: Which is more effective? Which is more affordable? Which will give you the better smile?

Braces vs Invisalign: The basics

Both traditional braces and Invisalign can improve your smile and correct bites & centre lines.

Patients began using Invisalign in 2000, and there are now over 4 million completed Invisalign treatments.

But many, many millions more traditional brace treatments.

Traditional Braces comprise of:

- Metal brackets (one glued onto each tooth)
- Orthodontic wires (these links up all the brackets on each arch)
- It's possible to get the brackets in tooth coloured material to make them more discreet.
- Invisalign aligners are made of smooth, comfortable, medical grade plastic.
- The plastic is see through and fits tightly around your teeth.
- They are pretty much invisible and custom made for each patient.

Which Will Work Best for You?

Braces	Vs	Invisalign
Metal- normally silver coloured or you can pay extra to have tooth coloured brackets.	Color	See through clear plastic
Depending on complexity anywhere between 6 and 24 months	Treatment time	Depending on complexity anywhere between 6 and 24 months
€3500- €5000+ depending on complexity of treatment.	Cost	€3500- €5000+ depending on complexity of treatment.
Careful brushing of all brackets and wires is needed. This can be quite difficult.	Maintenance	Brush and floss as per normal. Soak aligners in a cup of den-ture cleaning solution.
Every 6-8 weeks.	Follow up visits	Change aligner trays every 1-2 weeks; visits approximately every 6 weeks.
Retainers must be worn at night.	Follow up to treatment	Retainers must be worn at night.



Suitable for very complex cases. They are fixed to your teeth, so can't be left out of the mouth.

Pros

Practically invisible Can be removed for special occasions. Food won't get caught in them. No limitations on your diet. No uncomfortable wire.

Some patients complain of a dull ache after each brace adjustment. Teeth are harder to clean. Food can become stuck to the brace.

Cons

Some patients complain of a dull ache after each new aligner. Aligners must be removed for eating and drinking (apart from water). You must brush after each meal.

Patients playing contact sports.

Not ideal for

Patients with: Bridges Severe bite issues Rotated teeth Severely impacted teeth







The Clear Alternative to Braces

Can I go to any dentist to be treated with Invisalign?

Not if you want the best treatment possible. Your Smile Specialists are all real orthodontists. Ortho-dontists receive an additional 3 years of full time specialist orthodontic training. Dentists do not, and as such can miss many of the issues and complications that an Orthodontist can spot.

Your Smile Specialists have completed tens of thousands of treatments and created many beautiful smiles.

In most cases there is little or no price difference between quality treatment from a Specialist Or-thodontist and a general dentist, however, you can trust a Specialist Orthodontist to have all the knowledge and skills needed to give you excellent treatment and a smile for life.

Your Smile Specialist can help with crooked teeth, overbites and underbites, cross-bites, spaces between teeth, overcrowding of teeth, and the treatment of jaw disorders.

We have the skills needed to give you a great smile and the technical and theoretical knowledge to tackle complications that dentists can't assess.

We don't compromise on care or quality, nor should you.



Ready to start treatment?

Select Your Smile Specialist from the list of local Smile Specialists and let's get started. Your initial consultation is free; we'd be delighted to discuss all your treatment options with you.

